



**WELLBEING  
WALKS**

**Cheshire West  
and Chester**

**Grosvenor Park Strollers**

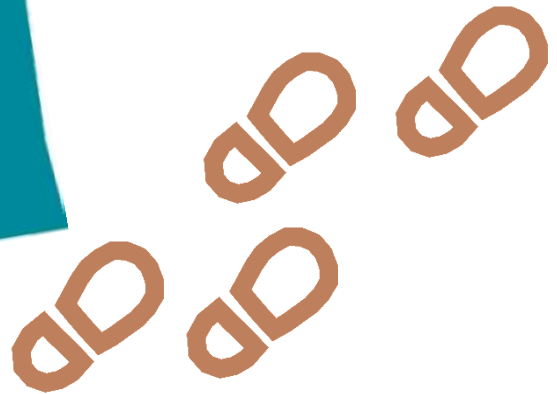
A weekly Wellbeing Walk

<b>Meet</b>	Infront of St Johns Church, Vicar's Lane, Chester, CH11SN				
<b>On</b>	Tuesday	<b>At</b>	11am	<b>For</b>	30 minutes
<b>Contact</b>	Mal on 07826625367 or email mcraig7619@gmail.com				

**Open to all**

**Free**

**Followed by a chat and a refreshment at St Johns.**



The Cheshire West and Chester Wellbeing Walks network has walks taking place across the borough including in Chester, Ellesmere Port, Frodsham, Helsby, Malpas, Northwich, Tattenhall, Winsford see <http://cheshirewestandchester.gov.uk/walks> for further details.



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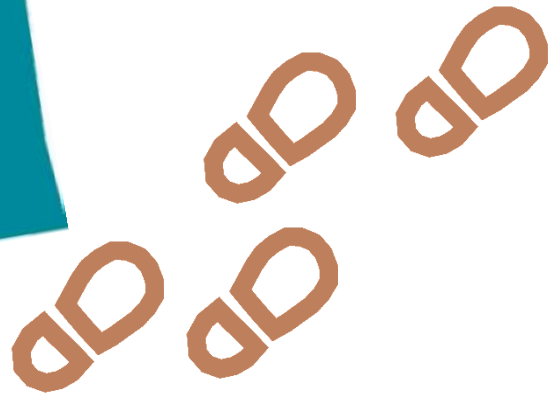
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